

well

“Don’t feel guilty about any of your pleasures.”



Beverage

Champagne

Blanc

	 MINI 0,20	 0,75L	 1,5L	 3L	 6L	 9L	 12L
Moët & Chandon Impérial	32	100	220	550	1600	3250	5000
Moët & Chandon Nectar Impérial		115					
Moët & Chandon Grand Vintage 2015		120					
Moët & Chandon Golden Ligth Up Luminous			240				
Veuve Clicquot Yellow Label		120	260	600			
Veuve Clicquot Yellow Extra Brut Old		180					
Veuve Clicquot Vintage 2015		180					
Veuve Clicquot La Grande Dame		250					
Dom Pérignon Vintage		290	715	3500	7000		
Dom Pérignon Vintage Luminous		330	755				
Dom Pérignon P2 2004 naked		690					
Krug Grand Cuvée		350					
Armand De Brignac Brut Gold		370	950	4000	10000		
Armand De Brignac Demi Sec		450					
Armand De Brignac Blanc de Blancs		1000					

Rosé

Moët & Chandon Impérial Rosé	120	250					
Moët & Chandon NIR	150	300	640	1800			
Moët & Chandon Grand Vintage Rosé 2015	150						
Veuve Clicquot Rosé	150	300					
Veuve Clicquot Vintage Rosé 2015	200						
Veuve Clicquot Grande Dame Rosé	425						
Dom Pérignon Rosé	600						
Dom Pérignon Rosé Luminous	640						
Krug Rosé	550						
Armand De Brignac Rosé	620	1200					

On Ice

acompanhado com fruta
with fruit

Moët & Chandon Ice Impérial
Moët & Chandon Ice Impérial Rosé
Veuve Clicquot RICH
Veuve Clicquot RICH Rosé



140	290	620
140	290	
150	300	
165		

Packs and Rituals

25 Moët & Chandon Impérial Mini
3 Moët & Chandon Impérial
6 Moët & Chandon Impérial
3 Moët & Chandon Ice Impérial
6 Moët & Chandon Ice Impérial
3 Dom Pérignon
6 Dom Pérignon
1 Moët & Chandon Impérial + 1 Belvedere Pure
3 Belvedere Pure
6 Belvedere Pure

	740			
25 Moët & Chandon Impérial Mini	270	595	1485	4320
3 Moët & Chandon Impérial	540	1190	2970	8640
6 Moët & Chandon Impérial	380	780	1670	
3 Moët & Chandon Ice Impérial	760	1560	3350	
6 Moët & Chandon Ice Impérial	780	1930	9450	18900
3 Dom Pérignon	1560	3860	18900	37800
6 Dom Pérignon	270	560	1215	2880
1 Moët & Chandon Impérial + 1 Belvedere Pure	540	1080	2160	
3 Belvedere Pure	1080	2160	4320	
6 Belvedere Pure				



Cocktails

+ criações de autor author's creations

Charlie's Mojito 16

Capitain Morgan, lima, menta,
açúcar, água gaseificada
*Capitain Morgan, lime, mint, sugar,
fizzy water*

Negroni 47 16

Gin Monkey 47, Campari, vermute
Monkey 47 Gin, Campari, vermouth

Well Passion 16

Belvedere vodka, maracujá, manjeriçã, lima, bitter aromático
Belvedere vodka, passion fruit, basil, lime, aromatic bitter

"My" Thai 16

Licor Orgeat, sumo lima, rum branco, rum escuro,
Triple Sec
*Orgeat, lime juice, white rum,
dark rum, Triple Sec*

Sir Richard 16

Licor Beirão, sweet&sour, vermute seco,
espuma de limão
*Licor Beirão, sweet&sour, dry vermouth,
lemon foam*

Piá Mule 16

Ginger beer, Belvedere vodka, lima,
espuma de gengibre
*Ginger beer, Belvedere vodka, lime
ginger foam*

Haraquiri 16

Gin, xarope de lemongrass, xarope gengibre,
lima, wasabi
Gin, lemongrass syrup, ginger syrup, lime, wasabi

Sake Cooler 16

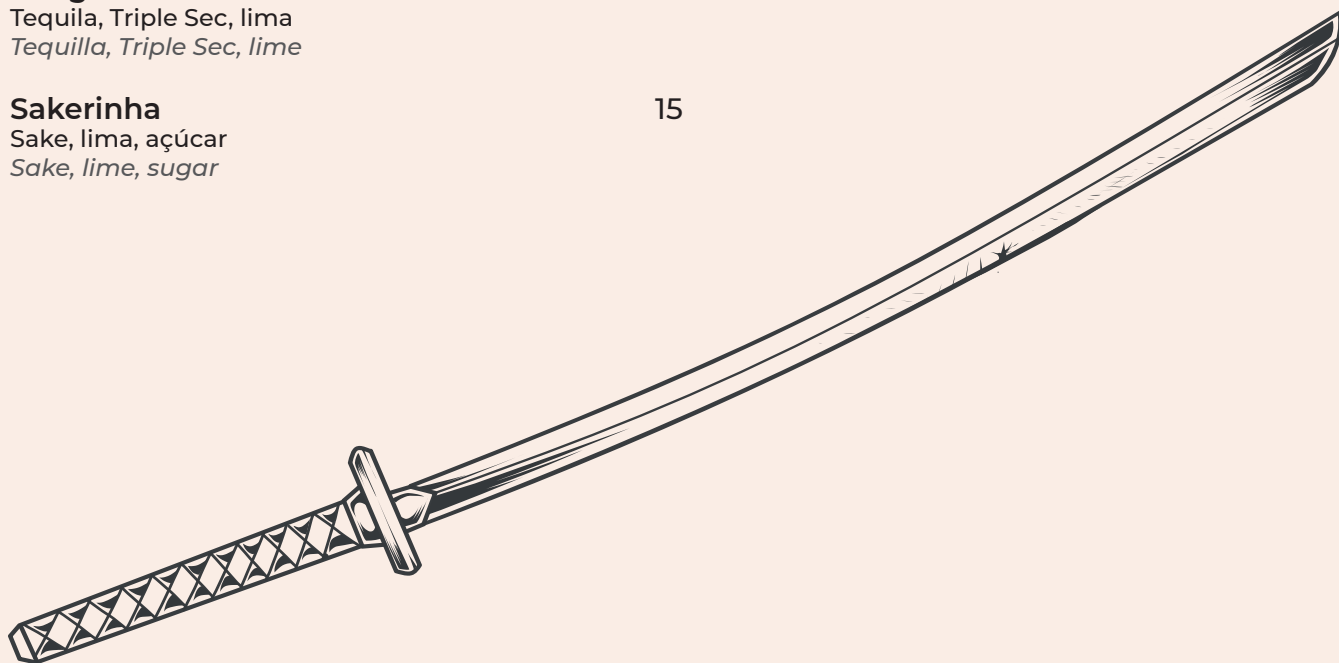
Sake, lima, hortelã, xarope de fruta
(Morango, maracujá ou tutti frutti)
*Sake, lime, mint, your fruit syrup choice
(strawberry, passion fruit or tutti frutti)*



+ cocktails clássicos classic cocktails

Um amante de cocktails clássicos? Os nossos bartenders estão preparados para superar as suas expectativas!
A classical cocktail lover? Our Bartenders are prepared to exceed your expectations!

Mojito Rum, lima, hortelã, açúcar, água gaseificada, Angostura <i>Rum, lime, mint, sugar, fizzy water, Angostura bitter</i>	13	Long Island Gin, vodka, rum, Triple Sec, lima, coca-cola, tequilha <i>Gin, vodka, rum, Triple Sec, lime, coca-cola, tequilla</i>	13
Caipirinha Cachaça, lima, açúcar <i>Cachaça, lime, sugar</i>	13	Sex On the Beach Vodka, sumo laranja, licor de pêssego, grenadine <i>Vodka, orange juice, peach schnapps, grenadine</i>	13
Daiquiri - Morango ou marcuja <i>Strawberry or Passion fruit</i> Rum, lima, açúcar <i>Rum, lime, sugar</i>	13	Porn Star Martini Vodka, maracujá, lima, Passoa, clara de ovo <i>Vodka, passion fruit, lime, Passoa Licuor, egg white</i>	13
Aperol Spritz Espumante, Aperol, água gaseificada <i>Sparkling wine, Aperol, fizzy water</i>	13	Pinacolada Rum, ananás, coco <i>Rum, pineapple, coconut</i>	13
Margarita Tequila, Triple Sec, lima <i>Tequilla, Triple Sec, lime</i>	13	Expresso Martini Vodka, licor café, café expresso, açúcar <i>Vodka, coffee liqueur, coffee, sugar</i>	13
Sakerinha Sake, lima, açúcar <i>Sake, lime, sugar</i>	15		



Vinho

Wine

Branco

White

Pêra-Manca Alentejo Antão Vaz, Arinto
Dona Sancha Dão Malvasia Fina, Encruzado, Bical, Cerceal
Villa Nogueira Lisboa Arinto, Sauvignon Blanc, Chardonnay
Boina Douro Códega do Larinho, Viosinho, Siria, Rabigato
Quinta dos Castelares “Bio” Douro Códega do Larinho, Rabigato, Gouveio
Monte da Peceguina Alentejo Antão Vaz, Verdelho, Arinto, Roupeiro
ADEGAMÃE Bio Lisboa Viosinho, Alvarinho, Arinto, Fernão Pires
ADEGAMÃE Dory Lisboa Viosinho, Alvarinho, Arinto, Sauvignon
Felix Rocha Chardonnay Lisboa Chardonnay
Felix Rocha Sauvignon Blanc Lisboa Sauvignon Blanc
Felix Rocha Moscatel Leve Lisboa
Well Alentejo Antão Vaz, Arinto

Verde

Green

Quinta D’ Amares Loureiro Minho Loureiro
Quinta d’Amares Alvarinho Minho Alvarinho



90 180

45

40

40

34

47

45

36

43

43

34

9 29

34

40

Tinto Red

Herdade do Freixo Reserva Alentejo Touriga Nacional, Cabernet Sauvignon, Alicante Bouschet	
Quinta dos Castelares “Bio” Douro Tinta Roriz, Touriga Nacional, Touriga Franca	
Quinta de São Cristóvão Lisboa Syrah, Touriga Nacional e Alicante Bouschet	
Felix Rocha DOC 2011 Premium Lisboa Touriga Nacional, Syrah, Touriga Franca e Alicante Bouschet	
Monte da Peceguina Alentejo Aragonêz,Alicante Bouschet,Touriga Nacional,Syrah,Cabernet Sauvignon	
ADEGAMÃE Pinot Noir Lisboa Pinot Noir	
Well Alentejo Aragonez, Trincadeira, Touriga Nacional	



60

34

45

108

52

64

9 29

Rosé

Chateau Saint Maur “L’Excellence” France - Côtes de Provence Cinsault, Grenache, Syrah, Rolle	65	130	280	560
Whispering Angel France - Côtes de Provence Grenache, Rolle, Cinsault, Syrah, Tibouren	55	125	275	540
Quinta dos Castelares Douro Pinot Noir	40			
QMF Blush Bairrada Baga, Touriga Nacional	35			
ADEGAMÃE Dory Lisboa Touriga Nacional, Pinot Noir	36			
Lou Peyrassol Provence Grenache, Cinsault, Syrah, Mourvèdre, Vermentino	70			
Rock Angel Provence	65	135	285	
Well Alentejo Aragonez, Touriga Nacional	9 29			

Sangria

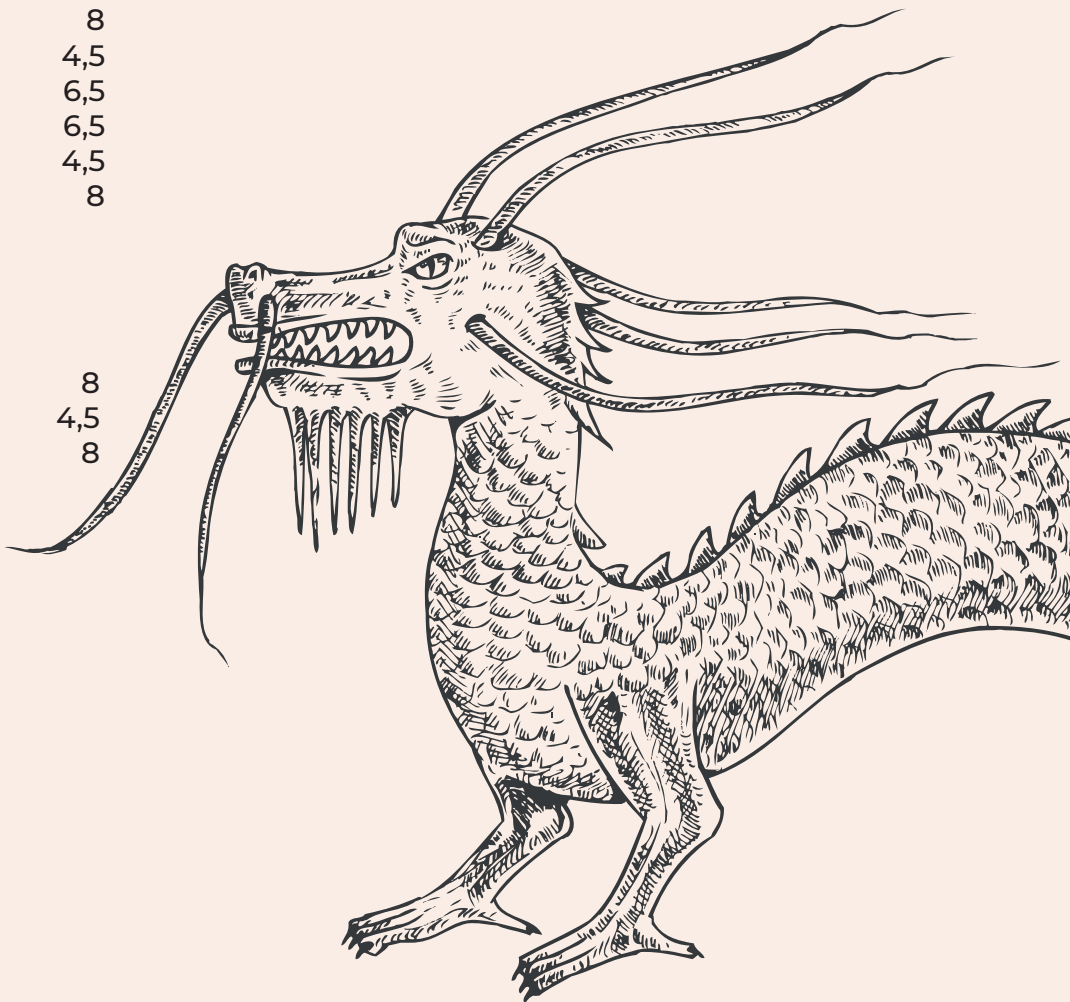
Branca/ Tinta/ Rosé <i>White/ Red/ Rosé</i>	35
Sake	40
Maracujá & Espumante <i>Passion Fruit & Sparkling Wine</i>	40
Frutos Vermelhos & Espumante <i>Red Fruits & Sparkling Wine</i>	40
Moët & Chandon <i>Frutos vermelhos ou maracujá</i> <i>Red berries or Passion fruit</i>	110
Belvedere Pure e Moët & Chandon Ice Imperial	170

Cerveja Beer

Imperial Carlsberg <i>Draught Beer</i>	4,5
Caneca Carlsberg <i>Pint</i>	8
Super Bock 33cl garrafa <i>Bottle</i>	4,5
Guinness Stout 35 cl lata <i>Can</i>	6,5
Corona 35cl garrafa <i>Bottle</i>	6,5
Cerveja s/ Álcool 33cl garrafa <i>non alcoholic Bottle</i>	4,5
Carlsberg Aluminium Bottle	8

Sidra Cider

Magners	8
Somersby pequena <i>regular</i>	4,5
Somersby grande <i>large</i>	8



Espirituosas Spirits

Vodka	Fabergé Imperial Collection Egg Weiß	32
	Belvedere	10
	Ciroc	15
	Smirnoff	10
Rum	Zacapa 23	18
	Plantation	10
Tequila	Don Julio Reposado	26
	Don Julio Blanco	15
	José Cuervo	11
	Dead Man´s Fingers Strawberry (Shot)	8
Extra on the glass	Redbull	3
	Redbull Melância <i>Watermelon</i>	3

Gin

Monkey 47	20
Adamus	18
Hendricks	16
Nordés	16
Gin Vine	16
Martin Millers	15
Tanqueray 10	15
Bulldog	15
Gordon's Pink	12
Beefeater	12
Gordon's	10

Whisky

James Martin´s 32	60
Johnnie Walker Black Label	13
Johnnie Walker Red Label	11
Jack Daniel's	11
Bushmills	11
JB	10

Serviço de Garrafas Espirituosas

Spirit and Bottle Service

Vodka	
Belvedere Pure 0,75L	200
Belvedere Pure 1,5L	400
Belvedere Pure Luminous 0,75L	210
Belvedere Pure Luminous 1,5L	410
Belvedere Pure Luminous 3L	710
Belvedere Pure Luminous 6L	1600
Ciroc	200
Rum	
Zacapa 23	240
Whisky	
Johnnie Walker Black Label	170

Tequila	
Don Julio Reposado	350
Don Julio Blanco	200
Volcan de mi Tierra Blanco Naked	200
Volcan de mi Tierra X.A.	500
Gin	
Monkey 47	270
Adamus	240
Hendricks	210
Nordés	210
Gin Vine	210
Tanqueray 10	200

Mocktails

San Francisco Sumo laranja, sumo limão, sumo ananás, grenadine <i>Orange juice, lemon juice, pineapple juice, grenadine</i>	10
Caipikid Lima, açúcar, água gaseificada <i>Lime, sugar, fizzy water</i>	10
Virgin Pinacolada Ananás, coco <i>Pineapple, coconut</i>	10

Sumos Naturais Fresh Juices

Laranja <i>Orange</i>	9
Limão e hortelã <i>Lemon and mint</i>	9
Ananás e hortelã <i>Pineapple and mint</i>	9

Smoothies

Energy Shot Morango, banana <i>Strawberry, banana</i>	9,5
Jungle Way Açaí, morango, mirtilo, manga <i>Açaí, strawberry, blueberry, mango</i>	9,5
Morning Abacate, maçã, pera, kiwi, hortelã <i>Avocado, apple, pear, kiwi, mint</i>	9,5
Exotic Passion Cenoura, ananás, papaia, maracujá <i>Carrot, pineapple, papaya, passion fruit</i>	9,5
Iced Coffee	9,5

Licores e Aguardentes Liqueurs & Brândys

Rémy Martin Louis XIII	350
Rémy Martin VSOP	14
Port Wine 10 YO	10
CRF	10
Baileys	8,5
Martini Rosso/Bianco	8,5
Licor Beirão	8,5
Amarguinha	8,5
Moscatel de Setúbal	8,5

Cafetaria Coffee & Refreshments

Expresso <i>Espresso</i>	3
Descafeinado <i>Decaffeinated</i>	3
Americano	3,5
Latte	4
Cappuccino	5
Chá <i>Tea</i>	4
Água 37,5cl <i>Still water</i>	3,5
Água 75cl <i>Still water</i>	6
Água das Pedras 25cl <i>Sparkling water</i>	3,5
Água das Pedras Limão 25cl <i>Sparkling water</i>	4
Água c/ gás San Pellegrino 75cl <i>Sparkling water</i>	7
Ginger Ale	6
Fever Tree <i>Tonic water</i>	4,5
Refrigerantes <i>Soft drinks</i>	6
Coca-Cola/ Coca-Cola Zero/ Sprite/ Fanta/ Nestea	
Redbull	6

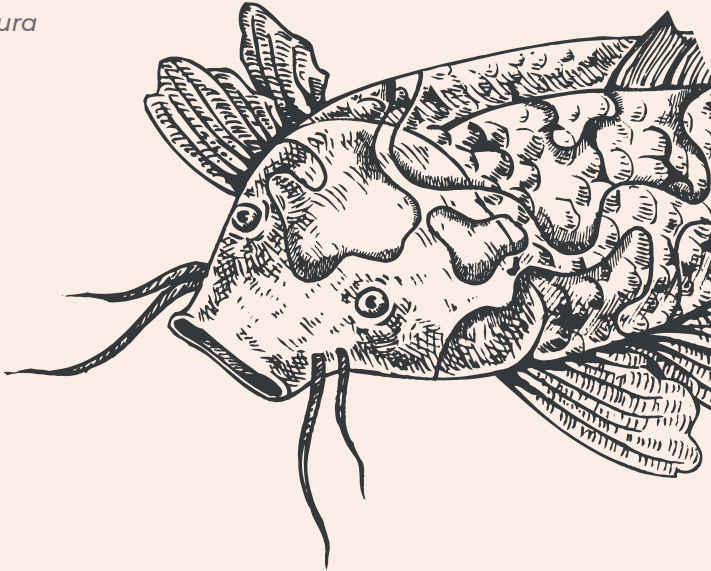


Sushi, Kitchen & Snacks

Entradas de Sushi

Sushi Starters

Gyosas 4pcs 🌾🍷🍳🍤	14
Ceviche Ceviche 🍷🍷🐟	28
Salmão em cubos, Robalo, Cebola roxa, Pimentos, Coentros, Sumo de lima, Malagueta, Flor de sal, Azeite <i>Salmon cubes, Seabass, Red onion, Peppers, Coriander, Lime juice, Chilli pepper, Flower of salt, Olive oil</i>	
Hotategai 🍷🍷🍤	29,5
Vieiras laminadas, Layu, Ponzu, Raspa de lima, Ikura <i>Laminated Scallops, Layu, Ponzu, Lime zest, Ikura</i>	
Shake Tartar 🐟🍷🍷🍷🍳🌶️	26
Salmão em cubos, Mostarda Dijon, Cebola roxa, Kizami wasabi, Molho especial do chef <i>Salmon cubes, Dijon mustard, Red onion, Kizami wasabi, Chef's special sauce</i>	
Spicy Cubes 🐟🍷🍷🍷🌶️	32
Atum em cubos, Cebola roxa, Malagueta, Tomate cherry, Coentros, Sumo de laranja, Layu, Molho do chef <i>Tuna cubes, Red onion, Chilli pepper, Cherry tomato, Coriander, Orange juice, Layu, Chef's special sauce</i>	
Tuna Tataki 🐟🍷🍷🍷🍳	29
Atum com especiarias, Sate, Azeite braseado com Ponzu, Maionese Japonesa, Tobiko <i>Tuna with spices, Sate, Braised olive oil with Ponzu, Japanese mayo, Tobiko</i>	
Wagyu Tataki 🍷🍷🍷🍷🍳	38
Wagyu flamejado com azeite de trufa, Ponzu, Flor de sal, Maionese trufada, Alho francês frito <i>Flamed Wagyu with truffle olive oil, Ponzu, Flower of salt, Truffle mayo, Fried leek</i>	
Usuzukuri Trufado Truffled Ussuzukuri 🐟🍷🍷🍷 36	
Salmão laminado, Robalo, Atum, Ponzu, Layu, Cebolinho, Nanbanzuke, Azeite trufado, Ikura <i>Salmon slices, Seabass, Tuna, Ponzu, Layu, Chives, Nanbanzuke, Truffle olive oil, Ikura</i>	
Black Tiger Crispy 🍷🍷🍷🍷 26	
Camarão Black Tiger envolto em amêndoa, Sweet chilli <i>Black Tiger prawn covered with almond, Sweet chilli sauce</i>	
Hot Philadelphia 8pcs 🐟🍷🍷🍷🍷 20	
Rolo crocante com Salmão, Tobiko, Cream cheese, Teriyaki <i>Crispy roll with salmon, Tobiko, Cream cheese, Teriyaki</i>	
Tataki de Enguia Eel Tataki 🐟🍷🍷🍷 26	
Enguia braseada, Molho especial do chef <i>Braised Eel, Chef's special sauce</i>	

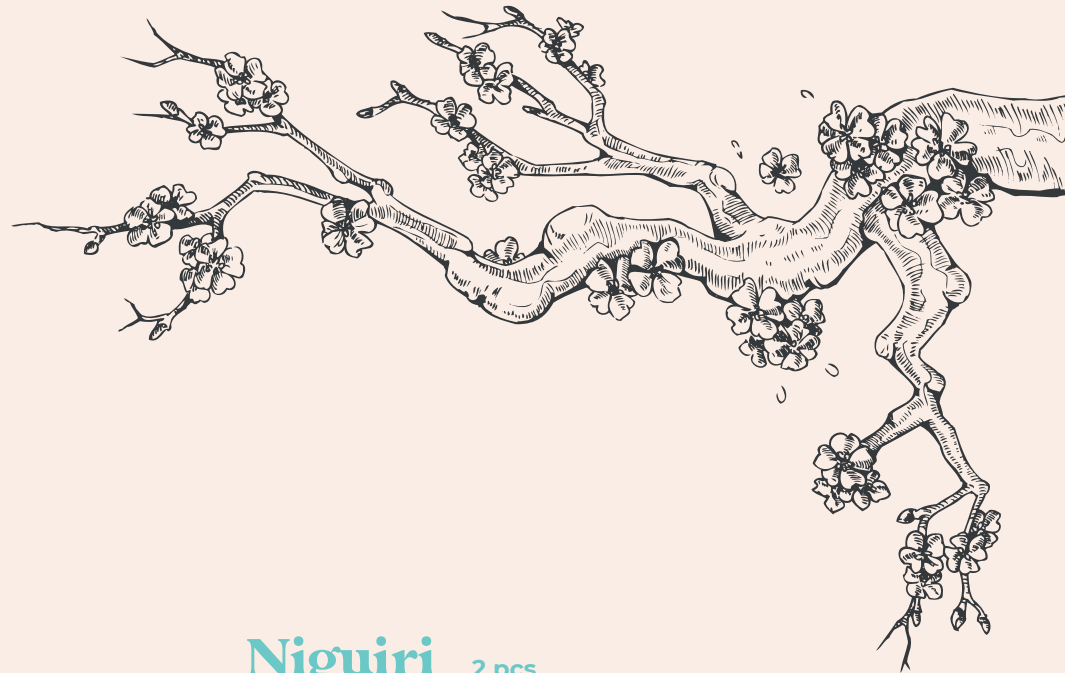


Sashimi 5 pcs

Otoro 	28
Barriga de Atum <i>Tuna belly</i>	
Akami 	20
Atum, kizami <i>Tuna, kizami</i>	
Shake 	18
Salmão <i>Salmon</i>	
Shake miso  	20
Salmão braseado, miso <i>Braised salmon, miso</i>	
Hotate 	25
Vieira <i>Scallop</i>	
Shiromi 	25
Peixe branco do dia <i>White fish of the day</i>	

Hossomaki 6 pcs

Shake Salmão <i>Salmon</i>  	14
Tekka Atum <i>Tuna</i>  	16
Otoro Barriga de Atum <i>Tuna Belly</i>  	18
Vegan Pepino <i>Cucumber</i>  	14



Niguri 2 pcs

Shake   	16
Salmão, ikura <i>Salmon, ikura</i>	
Otoro   	23
Barriga de Atum, kizami, cebolinho <i>Tuna belly, kizami, chives</i>	
Akami   	18
Atum, kizami <i>Tuna, kizami</i>	
Suzuki   	18
Robalo, raspa de lima, tobiko yuzu <i>Seabass, lime zest, yuzu tobiko</i>	
Hotate   	20
Vieira, raspa de lima, shichimi togarashi <i>Scallop, lime zest, shichimi togarashi</i>	
Scarlet   	30
Carabineiro, azeite de trufa negra, caviar, flor de sal <i>Carabinero red shrimp, black truffle oil, caviar, flower of salt</i>	
All Niguiris 10 pcs      	100
2 Shake, 2 Otoro, 2 Suzuki, 2 Hotate, 2 Scarlet	

Uramaki 4 pcs

California 🐟🥑🥒🍱 16

Salmão, camarão, abacate, pepino, tobiko

Salmon, prawn, avocado, cucumber, tobiko

Ebi fry 🍤🥑🥒🍱 18

Tempura de Camarão, maionese Japonesa, abacate envolvido com Salmão braseado e molho miso

Prawn tempura, Japanese mayo, avocado wrapped with braised Salmon and miso sauce

Futomaki 🐟🥑🥒🍱🍱🍱 19

Salmão, Atum, cebolinho, tempura de Caranguejo de Casca Mole, tobiko, maionese Japonesa, tamago

Salmon, Tuna, chives, Soft Shell Crab tempura, tobiko, Japanese mayo, tamago

Spicy Tuna 🐟🥑🥒🍱🍱🍱🌶️ 19

Atum picante, maionese Japonesa, cebolinho, tobiko, espargos

Spicy Tuna, Japanese mayo, chives, tobiko, asparagus

Soft Shell 🍤🐟🥑🥒🍱🍱🍱 19

Tempura de Caranguejo de Casca Mole, maionese japonesa, Salmão, alho francês, tobiko preto

Soft Shell Crab tempura, japanese mayo, Salmon, leek, black tobiko

Gunkan 2 pcs

Otoro 🐟🥑🥒🍱 28

Barriga de Atum, kizami, caviar, flocos de ouro

Tuna Belly, kizami, caviar, gold leaf flakes

Shake 🐟🥑🥒🍱 25

Salmão, Ikura, cebolinho

Salmon, Ikura, chives

King Crab 🍤🐟🥑🥒🍱 32

Robalo, Caranguejo Real, tobiko, cebolinho, molho do chef

Seabass, King Crab, tobiko, chives, chef's special sauce

Wagyu 🥑🥒🍱 34

Wagyu, Foie Gras, cebola confitada, flor de sal

Wagyu, Foie Gras, candied onion, flower of salt

All Gunkans 8pcs 🍤🐟🥑🥒🍱🍱🍱 106

Tacos 1 pcs

Salmão 🐟 🌮 🌾
Salmon

16

Atum 🐟 🌮 🌾
Tuna

18

Barriga de Atum 🐟 🌮 🌾
Tuna belly

20

Combo Experience Sushi & Sashimi

 **Single** 🐟 🍣 🌮 🌾 🍤 🍣 🌾 🍷
16 peças 16 pieces

48

 **Couple** 🐟 🍣 🌮 🌾 🍤 🍣 🌾 🍷
32 peças 32 pieces

96

Vegan Chef's Freestyle 🌮 🌿
12 peças 12 pieces

40

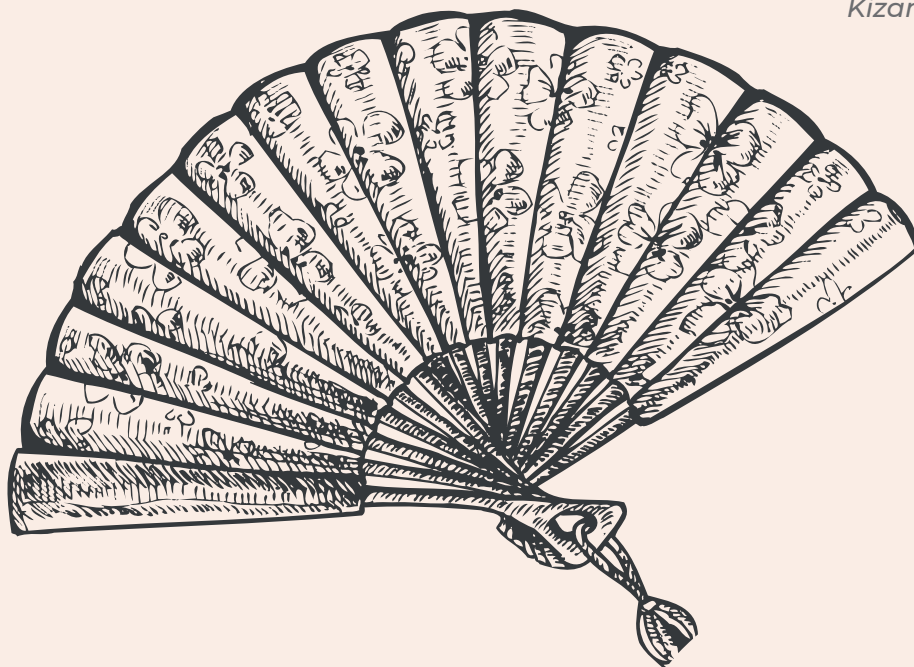
Sashimi Freestyle 🍣 🐟
25 peças sashimi 25 sashimi pieces

87

Extras

Kizami (Wasabi natural)
Kizami (Fresh Wasabi)

4



Entradas de cozinha

Kitchen starters

Azeitonas 🍷🌿 <i>Olives</i>	5
Sopa do dia 🌿 <i>Daily soup</i>	7
Guacamole c/ Nachos 🌿🌿 <i>Guacamole w/ Nachos</i>	12
Batatas Fritas 🍷 <i>Wedges</i>	7
Asinhas de Frango 🍷🍷 <i>Chicken wings</i>	14
Croquetes de Alheira (3 uni) 🍷🍷🍷🍷 <i>Traditional Portuguese "Alheira" sausage croquettes</i>	12
Beef Tartar 🍷🍷🍷🍷🍷🍷 Beef, cebola roxa, ovo, sesâmo, pickles, tabasco, chalota <i>Beef, red onion, egg, sesame, pickles, tabasco, shallot</i>	28
Camarão grelhado com manga (6 uni) 🍷🍷🍷 <i>Grilled prawn with mango (6 pcs)</i>	25
Salada de Polvo 🍷🍷 <i>Octopus salad</i>	18
Salmão selado com crosta de sésamo c/ salada de manga e malagueta 🍷🍷🍷🍷 <i>Sesame crusted salmon with mango salad and chilli pepper</i>	20,5
Burrata 🍷🍷🍷🍷 Burrata, presunto, parmesão, azeitonas, tomate chucha ralado, cebola roxa, azeite trufado, croutons <i>Burrata, prosciutto, parmesan, olives, grated chucha tomato, red onion, truffle olive oil, croutons</i>	26

Kids

até aos 12 anos de idade
up to 12 years old

Fish and chips 🍷🍷🍷 <i>Fish and chips</i>	19
Esparguete à Bolonhesa 🍷🍷🍷🍷 <i>Spaghetti Bolognese</i>	19
Hamburguer c/ Batatas Alface, queijo, tomate <i>Burger w/ wedges, lettuce, cheese, tomato</i>	22

Principais Main Course

Tagliata Steak 🍷🍴🌾🥩 48
Bife da Vazia, pancetta, chimichurri,
acompanhado c/ salada de rúcula, tomate cherry, parmesão
*Sirloin steak, pancetta, chimichurri sauce,
with arugula salad, cherry tomato, parmesan*

Linguini Nero com Gambas 🍷🍴🌾🦐 32
Squid ink pasta with prawns

Picanha com Batatas e mini Salada 🍷🍴🌾🥩 40
Brazilian Rump Steak with wedges and mini salad

Polvo de Santa Luzia à Lagareiro 🍷🍴🌾🐙 40
Polvo, batata a murro, bróculos
Octopus, Portuguese punched potato, broccoli

Dourada 🐟🌾 40
Dourada, batata a murro, espargos, azeite fumado
*Sea Bream, Portuguese punched potato,
asparagus, smoked olive oil*



Snacks Menu

disponível até às 17h
available until 5 p.m.

Bolo do Caco (servido com batatas fritas) Typical Madeiran bread sandwich

(served with wedges)

Prego de Atum 🐟🧄🥚🌿 22

Tuna steak sandwich

Atum, maionese de alho e coentros, agrião, ceboleto, sementes de sésamo

Tuna steak, garlic and coriander mayo, cress, spring onion, sesame seeds

Caesar 🌿🥚🧄🥬 22

Frango grelhado, bacon, alface baby, parmesão, maionese, molho caesar, tabasco, ovo

Grilled Chicken, bacon, baby lettuce, parmesan, mayo, caesar sauce, tabasco, egg

Prego de Camarão 🍤🧄🌿🥬 22

Fried Prawn sandwich

Camarão salteado, malagueta, alho, alecrim, rúcula, azeite

Sauteed prawns, chilli, garlic, rosemary, rocket, olive oil

Prego do Lombo 🍖🌿🧄🌶️ 22

Lombo, agrião, chimichurri, malagueta

Fillet steak, cress, chimichurri sauce, chilli

Well Burger 🍖🌿🥚🥬 28

Beef, cheddar, ovo frito, bacon, alface baby, tomate, cebola roxa

Beef, cheddar, fried egg, bacon, baby lettuce, tomato, red onion

Veggie Burger 🌿🍌🧄🥬 27

Veggie burger, compota de tomate cherry, alface baby

Veggie burger, cherry tomato jam, baby lettuce

Saladas Salads

Caesar 🥬🧄🥚🌿 25

Frango, alho, bacon, parmesão, alface baby, maionese, tabasco, molho caesar, croutons
Chicken, garlic, bacon, parmesan, baby lettuce, mayo, tabasco, caesar sauce, croutons

Tuna Quinoa 🍌🧄🥬🐟🌿 25

Atum, quinoa, nabo daikon, rabanete, couve chinesa, manga, vinagrete de amendoim, sésamo

Tuna, quinoa, daikon, radish, Chinese cabbage, mango, peanut vinaigrette sauce, sesame seeds

Tofu Quinoa 🍌🧄🥬🌿 25

Tofu, quinoa, nabo daikon, rabanete, couve chinesa, manga, vinagrete de amendoim, sésamo

Tofu, quinoa, daikon, radish, Chinese cabbage, mango, peanut vinaigrette sauce, sesame seeds

Poke

Salmão Salmon 🐟 25

Salmão, arroz, manga, abacate, edamame, tomate cherry, pepino doce

Salmon, rice, mango, avocado, edamame, cherry tomato, sweet cucumber

Atum Tuna 🐟 26

Atum, arroz, manga, abacate, alho francês, alga Goma Wakame, pepino doce, tomate cherry

Tuna, rice, mango, avocado, Goma Wakame sea weed, leek, sweet cucumber, cherry tomato

Vegan 🌿 25

Escolha de vegetais do chefe

Chef's vegetables selection



Extras

Guacamole, presunto <i>Guacamole, prosciutto</i>	4
Ovo Frito <i>Fried Egg</i>	3
Queijo, bacon, maionese <i>Cheese, bacon, mayo</i>	2,5
Pão <i>Bread</i>	3,5

Sobremesas Dessert

Eton Mess 🍫🍪🍪	9,5
Brownie c/ gelado de Pistache 🍫🍪🌿🍷 <i>Brownie with Pistachio Ice-cream</i>	12
Semi-frio de Pistache 🍷🌿🍪 <i>Pistachio Soft Ice-cream</i>	12
Carpaccio de ananás com gelado de canela 🍷 <i>Pineapple carpaccio with cinnamon ice cream</i>	9,5
Bola de gelado 🍷 Maracujá, canela, chocolate ou pistache <i>Ice cream ball</i> <i>Passion fruit, cinnamon, chocolate or pistachio</i>	6
 Pijaminha 🍫🍪🍪🌿 <i>Dessert combo mix</i>	43

Nenhum prato, produto alimentar ou bebida, incluindo o couvert, pode ser cobrado se não for solicitado pelo cliente ou por este for inutilizado.
No dish, food product or dish, including the couvert, shall be charged, unless it is ordered or rendered unusable by the costumer.

Preços em euros (€). *Prices in euros (€)*
IVA incluído. *VAT included.*

Alérgenos Allergens



Quer fazer o seu evento num dos nossos espaços? Entre em contacto com um dos nossos colaboradores e peça informação, ou visite o nosso site.

Do you want to hold your event in one of our venues? Get in touch with one of our employees and ask for information or visit our website.

www.wellvaledolobo.com

   well.valedolobo
  +351 927 468 881

#livingwell

