



# Well Beach Club

## Snacks

Gaspacho <i>Gazpacho soup</i>	10
Guacamole c/ Nachos <i>Guacamole w/ Nachos</i>	7,5
Batatas Fritas <i>French Fries</i>	6,5
Tiras de Choco Frito <i>Fried squid strips</i>	14
Ostras ao Natural 6 uni <i>Oysters 6 pcs</i>	30
Asinhas de Frango <i>Chicken wings</i>	13,5

## Hamburgueres Burgers

<b>Cheese</b> Black Angus 200g, cheddar, mix de verdes, tomate <i>Black Angus 200gr, cheddar, mixed greens, tomato</i>	20
<b>Well</b> Black Angus 200g, cheddar, cebola caramelizada, bacon, ovo, alface, tomate <i>Black Angus 200gr, cheddar, caramelized onion, bacon, egg, lettuce, tomato</i>	25

## Saladas Salads

<b>Salmon</b> Salmão fumado, abacate, mescla de alfaces, pepino, tomate cherry, pickles de funcho <i>Smoked salmon, avocado, mixed greens, cucumber, cherry tomato, pickled fennel</i>	24
<b>Chicken</b> Frango, alface iceberg, parmesão, croutons, anchova, molho <i>Chicken, iceberg lettuce, parmesan, croutons, anchovy, dressing</i>	24
<b>Tuna</b> Atum, mescla de alfaces, tomate cherry, cebola roxa, manga, pepino, sésamo, vinagrete de líchia <i>Tuna, mixed greens, cherry tomato, red onion, mango, cucumber, sesame seeds, lychee vinaigrette</i>	24
<b>Asia</b> Carne de vaca, agrião, cenoura, pimento assado, rebolos soja, pak choi, coentros, óleo de sésamo, chili, soja <i>Beef, cress, carrot, roasted pepper, soya beans, pak choi, coriander, sesame oil, chili, soya</i>	26

## Baguetes Baguettes

<b>Salmão</b> <i>Salmon</i> Salmão fumado, queijo creme, rúcula, tomate <i>Smoked salmon, cream cheese, rocket, tomato</i>	15
<b>Atum</b> <i>Tuna</i> Pasta de Atum, alface, tomate <i>Tuna and mayo, lettuce, tomato</i>	14
<b>Frango</b> <i>Chicken</i> Frango, maionese, alface, tomate <i>Chicken, mayo, lettuce, tomato</i>	14
<b>Americana</b> <i>American Sandwich</i> Fiambre, queijo, bacon, tomate, ovo <i>Ham, cheese, bacon, tomato, egg</i>	15
<b>Roast beef</b> Carne assada, queijo, pickles de cebola roxa, cornichons, maionese Dijon <i>Roast beef, cheese, pickled red onion, cucumber, Dijon mayo</i>	17



## Entradas de sushi

### Sushi starters



<b>Cyosas</b> 4pcs	12
<b>Ceviche do Chef</b> <i>Chef's Ceviche</i>	25
Salmão em cubos, Robalo, cebola roxa, pimentos, coentros, sumo de lima, malagueta, flor de sal, azeite <i>Salmon cubes, Bass, red onion, peppers, coriander, lime juice, chilli pepper, flower of salt, olive oil</i>	
<b>Tuna Tataki</b>	29
Atum com especiarias, azeite braseado com Ponzu maionese Japonesa, tobiko, Sate <i>Tuna with spices, braised olive oil with Ponzu Japanese mayo, tobiko, Sate</i>	
<b>Black Tiger Crispy</b>	25
Camarão Black Tiger envolto em amêndoa, sweet chilli <i>Black Tiger prawn covered with almond, sweet chilli sauce</i>	
<b>Hot Philadelfia</b> 8pcs	18
Rolo crocante com Salmão, cream cheese, teriyaki, Tobiko <i>Crispy roll with salmon, cream cheese, teriyaki, Tobiko</i>	

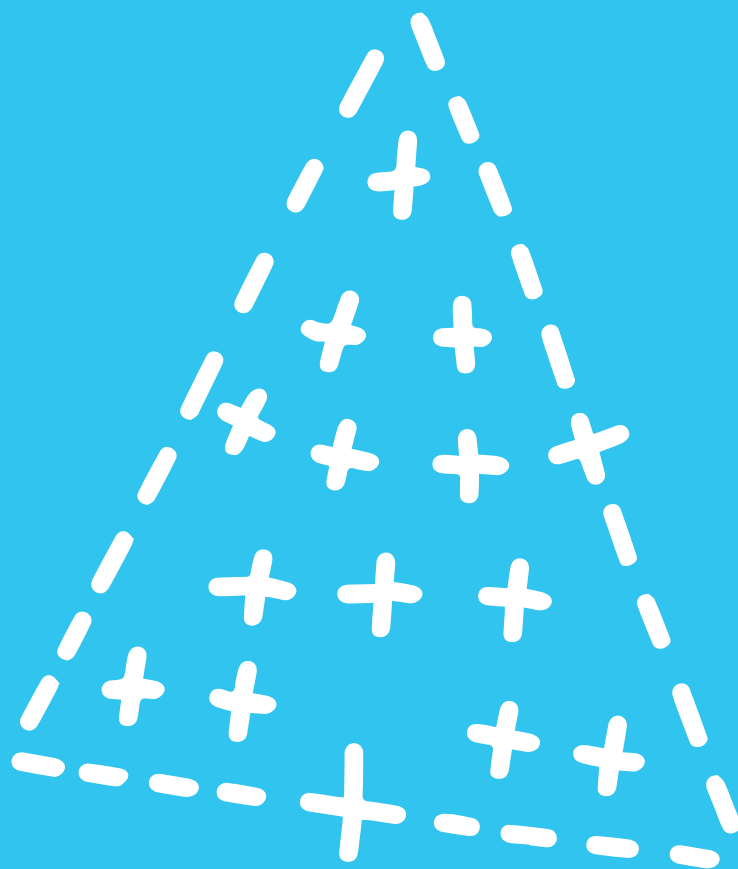
## Poke

<b>Salmão</b> <i>Salmon</i>	22
Salmão, manga, abacate, edamame, tomate cherry, pepino doce <i>Salmon, mango, avocado, edamame, cherry tomato, sweet cucumber</i>	
<b>Atum</b> <i>Tuna</i>	23
Atum, manga, abacate, alho francês, alga Goma Wakame, pepino doce, tomate cherry <i>Tuna, mango, avocado, leek, Goma Wakame sea weed, sweet cucumber, cherry tomato</i>	
<b>Vegan</b>	22
Escolha de vegetais do chefe <i>Chef's vegetables selection</i>	

## Combo Experience





### Sushi & Sashimi

 <b>Single</b>	45
16 peças 16 pieces	
 <b>Couple</b>	89
32 peças 32 pieces	
<b>Vegan Freestyle</b> <i>(Chef's selection)</i>	40
12 peças 12 pieces	
<b>Sashimi Freestyle</b>	77
25 peças sashimi 25 sashimi pieces	



#livingwell

Preços em euros (€). Prices in euros (€)  
IVA incluído. VAT included.

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