

## COUVERT

PER PERSON  
BREAD, BUTTER, OLIVES, ALGARVIAN CARROTS AND SALMON PATE

## STARTERS

- GF** VEGETABLES SOUP
- ALGARVE FISH SOUP**  
FISH IN A TOMATO BROTH WITH RISONI
- SPICY CHICKEN WINGS**  
SERVED WITH BLUE CHEESE DIP
- GF** ASPARAGUS  
SAUTÉED WITH GARLIC BUTTER
- GF** AVOCADO PRAWNS  
FRESH AVOCADO WITH PEELED PRAWNS AND COCKTAILS SAUCE
- GF** MELON WITH PARMA HAM  
SWEET AND FRESH PORTUGUESE MELON SERVED WITH PARMA HAM
- GF** GARLIC PRAWNS  
IBERIAN STYLE PRAWNS, SAUTÉED IN BRANDY, BUTTER & GARLIC
- CALAMARES 6 UNI**  
SERVED WITH TARTAR SAUCE
- GF** CLAMS "BULHÃO PATO"  
CLAMS IN GARLIC, OLIVE OIL & CORIANDER
- GF** SAUTÉED SQUID  
GRILLED SQUID SALTED IN GARLIC AND OLIVE OIL
- GF** SARDINES  
SEASONAL
- GF** SEABASS CEVICHE

## SALADS

- GF** SUPER CHEF SALAD  
FETA CHEESE, RHUBARB, AVOCADO, QUINOA, ALMONDS & MANGO
- GF** GOATS CHEESE SALAD  
GRILLED GOATS CHEESE IN A PUFF PASTRY ON A BED OF LETTUCE, FRUIT AND WHOLE NUTS WITH HONEY GLAZE
- GF** TRICOLORE  
MOZARELLA, AVOCADO AND TOMATO SERVED WITH FRESH BASIL SAUCE
- GF** OCTOPUS SALAD  
MARINATED OCTOPUS WITH ONIONS, TOMATO, DRESSED WITH OLIVE OIL & PARSLEY
- GF** IZZY'S SALAD  
LIGHT SALAD, SELECTION OF FRUIT, AVOCADOS, PRAWNS AND SMOKED SALMON & CAPERS
- GF** TUNA SALAD  
TUNA, CORN, ONIONS, TOMATO, CUCUMBER, LETTUCE & BOILED EGG
- GF** PRAWN SALAD  
ATLANTIC PRAWNS, LETTUCE, TOMATO, ONION, AVOCADO, BOILED EGG & MAYONNAISE

**CHICKEN CAESAR SALAD**  
GRILLED CHICKEN BREAST, PARMESAN CHEESE, CAESAR DRESSING, CROUTONS & ANCHOVIES

**VEGGIE BURGER**  
SERVED WITH FRIES AND SALAD

## CURRY

SERVED WITH POPPADOMS AND WHITE RICE

- VEGETABLE CURRY** 15.00€
- MONKFISH CURRY** 25.00€  
SUCCULENT CHUNKS OF MONKFISH IN A RICH CURRY SAUCE
- PRAWN CURRY** 23.00€  
WITH ATLANTIC PRAWNS
- CHICKEN CURRY** 19.00€

## PASTAS

- PRAWN ARRABBIATA** 23.00€  
SPICY TOMATO SAUCE WITH PRAWNS AND LINGUINE
- SPAGHETTI VONGOLE** 25.00€  
WITH ALGARVIAN CLAMS IN GARLIC, OLIVE OIL, CORIANDER
- SPAGHETTI BOLOGNESE** 13.50€  
MINCED MEAT IN A RICH TOMATO SAUCE

IF YOU HAVE SPECIFIC NEEDS, OUR TEAM WILL GUIDE YOU. PLEASE LET US KNOW IF YOU HAVE ANY INTOLERANCE. WE CAN NOT GUARANTEE THAT OUR KITCHEN AND INGREDIENTS ARE 100% ANTI-ALLERGIC. NO DISH, PRODUCT, FOOD OR DRINK, INCLUDING COUVERT, MAY BE CHARGED UNLESS REQUESTED OR MADE UNUSABLE BY THE CUSTOMER.  
DL 10/2015.

2.90€

4.95€

8.50€

12€

9.50€

13.50€

11.95€

19.50€

12.50€

23.00€

12.50€

8.50€

14.00€

16.90€

16.90€

1/2 8.50€ 14.00€

1/2 8.50€ 14.00€

18.00€

13.00€

15.90€

14.50€

15.50€

15.00€

25.00€

23.00€

19.00€

23.00€

25.00€

13.50€

## FRESH FISH

OUR FISH IS DELIVERED DAILY FROM LOCAL OLHÃO MARKET. OUR STAFF WILL BE DELIGHTED TO SHOW YOU WHAT IS AVAILABLE AND MAKE THEIR RECOMMENDATIONS. THE FISH IS GRILLED WITH OUR FAMOUS BUTTER AND LEMON SAUCE ON THE SIDE.

- GF** SEA BASS INDIVIDUAL 23.00€
- GF** SEA BREAM INDIVIDUAL 23.00€
- GF** SALMON FILLET 23.00€
- GF** SQUID 23.00€
- GF** SARDINES 17.00€  
SEASONAL

## MEAT DISHES

- HAMBURGER / CHEESEBURGER** 15.50€  
100% HOME-MADE BEEFBURGER SERVED WITH FRIES & SALAD
- GF** CHICKEN PIRI-PIRI 15.00€  
PLAIN CHICKEN OR PIRI-PIRI SAUCE SERVED WITH FRIES
- CHICKEN PIRI-PIRI WITH AFRICAN RICE** 16.50€  
PIRI-PIRI CHICKEN SERVED WITH OUR DELICIOUS AFRICAN RICE
- GF** GRILLED SPARE RIBS 17.50€  
SERVED WITH BBQ SAUCE, FRIES & COLESLAW
- GF** GRILLED STEAK 29.00€  
FILLET STEAK SERVED WITH FRIES AND SALAD
- GF** SURF N' TURF 45.00€  
FILLET STEAK WITH GRILLED PRAWNS SERVED WITH FRIES AND SALAD

## SEAFOOD AND FISH SPECIALITIES

- GF** TIGER PRAWNS WE RECOMMEND 2 PRAWNS PER PERSON 130.00€ PER/KILO  
GRILLED IN GARLIC AND PIRI-PIRI SAUCE, SERVED WITH WHITE RICE & SALAD
- CHEF'S SOLE** 24.00€  
PAN FRIED SOLE IN A CHAMPAGNE SAUCE SERVED WITH FRIED BANANA & AFRICAN RICE
- GF** SEAFOOD CATAPLANA 70.00€ 2PAX  
THE BEST "FRUIT DE MER" COOKED CLASSICALLY IN A WHITE WINE & VEGETABLE STOCK IN A TRADITIONAL PORTUGUESE COPPER PAN
- GF** MONKFISH RICE 49.50€ 2PAX  
TENDER CUBES OF MONKFISH IN A TOMATO, ONION & PEPPER BASED RICE
- FRIED MONKFISH** 25.00€  
SERVED WITH FRIES AND MINT PEA PURÉE

## SIDE ORDERS

- GF** VEGETABLES 4.50€
- AFRICAN RICE** 7.50€
- GF** COUNTRY SALAD 4.50€
- GF** MIXED SALAD, GREEN OR TOMATO AND ONION 4.50€
- GF** COLESLAW SALAD 4.50€
- GF** FRIES 4.50€
- GF** SWEET POTATOES FRIES 5.00€
- GF** SAUTÉED VEGETABLES IN GARLIC AND OLIVE OIL 4.50€
- GF** NEW POTATOES WITH GARLIC OLIVE OIL & HERBS 4.50€
- GF** SPINACH SAUTÉED WITH GARLIC AND OLIVE OIL 4.50€
- MOZZARELLA STICKS SERVED WITH SWEET CHILLI'S DIP** 11.00€

## KID'S MENU

- CHICKEN NUGGETS** 9.25€
- FISH FINGERS** 9.25€
- HAMBURGER / CHEESEBURGER** 9.25€
- GF** GRILLED CHICKEN BREAST 9.25€  
ALL THE ABOVE SERVED WITH FRIES
- SPAGHETTI BOLOGNESE** 9.25€
- KIDS SALMON WITH FRIES** 12.50€

**GF** GLUTEN FREE

VAT INCLUDED AT THE LEGAL FARE - COMPLAINT BOOK AVAILABLE