

CYCLING TOURS

A cyclist wearing a black and red jersey and a black helmet is riding a road bike on a paved road that curves to the right. The background features a steep, grassy hillside with some trees and a clear sky. The overall scene is bright and sunny.

WEST COAST RAID

THE **CAMPUS**

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WEST COAST RAID

22ND TO 26TH FEBRUARY

Join The Campus for 6 days/5 nights on our West Coast Raid. Cycle along the south coast of Portugal, exploring the Natural Park of Arrábida, travelling along the Atlantic coast line and experience the Alentejo's coastal villages. We leave the coast to tackle the Algarve's highest point as we ascend the Serra de Monchique to Foia. Making our way east we discover the medieval town of Silves, climb towards the historic town Alte and descend into Loulé before arriving to Quinta do Lago.



ARRIVAL DAY & BRIEFING - FARO
FIRST NIGHT SESIMBRA HOTEL & SPA

★★★★

DAY.01

22ND FEBRUARY

SESIMBRA TO SANTIAGO CACÉM

(FERRY FROM SETÚBAL – TRÓIA)

DISTANCE

100 KM

CLIMBING

1100M

DIFFICULTY LEVEL

INTERMEDIATE

RIDING TIME

4.5H

HOTEL

SANTIAGO HOTEL
COOKING AND NATURE

★★★★



Sesimbra is in an area of amazing and diverse natural beauty. To the east we will cycle along the challenging hills of the Serra da Arrábida which lead down to sandy beaches and tranquil sea waters. In Setúbal we take the ferry to Tróia and take in the sand dunes along the coastline of Northern Alentejo making our way towards Santiago do Cacém.



DAY.02

23RD FEBRUARY

SANTIAGO CACÉM – SÃO TEOTÓNIO

DISTANCE

83 KM

CLIMBING

680M

DIFFICULTY LEVEL

EASY

RIDING TIME

3.5H

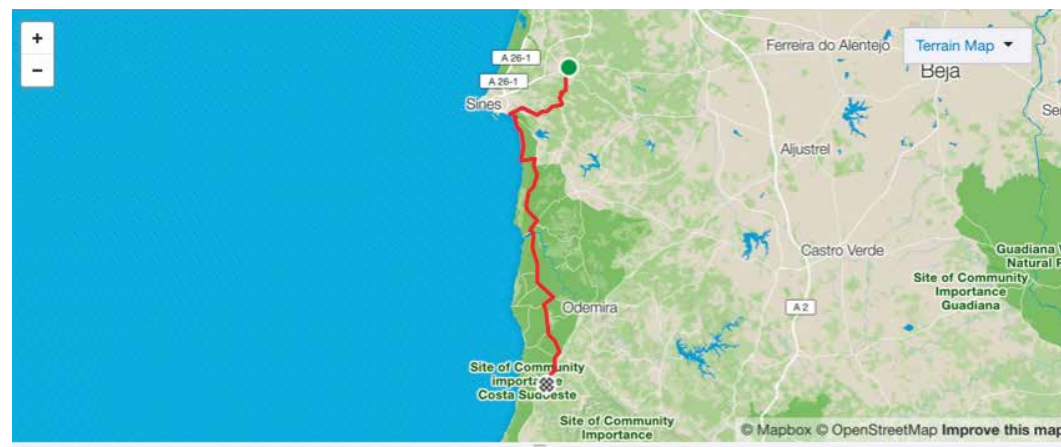
HOTEL

ENIGMA HOTEL AND WATER

★★★★★



We will continue our journey at a steady pace feeling the full force of the Atlantic Ocean as it crushes along the coast to Porto Covo. We will arrive to S. Teotónio to experience the local food and wines that make Alentejo one of the best gastronomic destinations in the world.



DAY.03

24TH FEBRUARY

SÃO TEOTÓNIO - PORTIMÃO

DISTANCE

90 KM

CLIMBING

1700M

DIFFICULTY LEVEL

INTERMEDIATE

RIDING TIME

4.5H

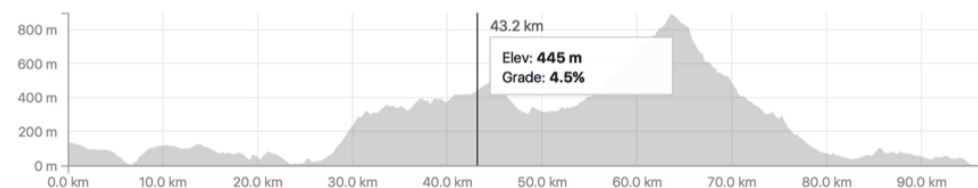
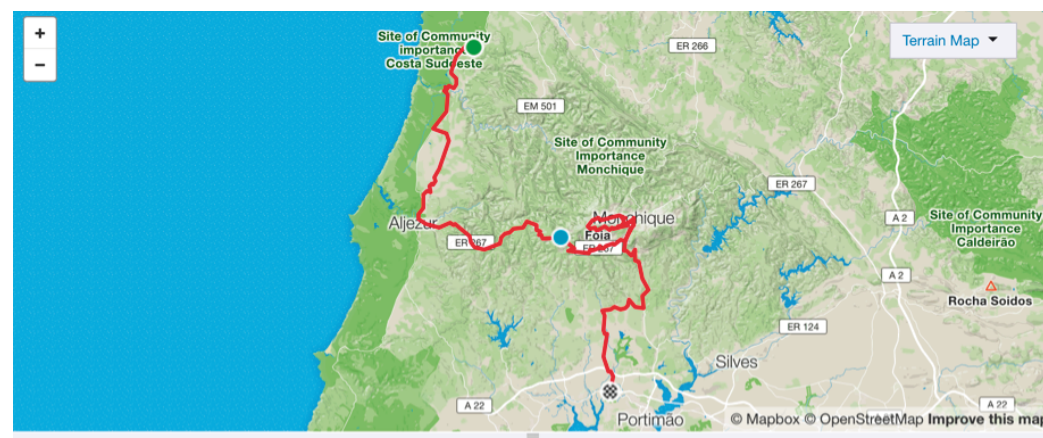
HOTEL

PENINA HOTEL AND GOLF RESORT

★★★★★



Boasting a privileged and unique location, on the far south-westerly tip of Europe and creating a bridge between the Atlantic Ocean and the Mediterranean, Portimão is a place which has a fantastic climate and a very rich natural beauty. We will explore the region's various charms and replicate the Volta ao Algarve climbing Foia at 901 meters.



DAY.04

25TH FEBRUARY

PORTIMÃO- QUINTA DO LAGO

DISTANCE

95 KM

CLIMBING

1100M

DIFFICULTY LEVEL

INTERMEDIATE

RIDING TIME

4.5H

HOTEL

THE MAGNOLIA HOTEL



In our final stretch we will make our way towards the medieval city of Silves, where we will sample the world's best orange juice. Climbing towards the historic town of Alte, we make a pit stop in a cycling Caffé called Germano, before descending towards Loulé and on to our final location at The Campus, to experience Quinta do Lago culinary excellence at Bovino Steakhouse.



THE **CAMPUS**

INCLUDED WITH TRIP

Fully guided tour with ex professional and support car

All energy and recovery drinks provided

Bike wash and service each day

€749 / double
occupancy

€899 / single
occupancy

For reservations please contact The Bike Shed

bikeshed@the-campus.pt | +351 918 271 065

*Pre/post-trip lodging/flights is not included **Beverages ordered by guests beyond normal amounts and away from group activities will incur additional charges

***Optional extra – Carbon bike rental available at €210