

### Sky View Wellness & Spa Autumn and Winter fees



Wellness daily entrance fee (lounge, pool, sauna, steam bath) 25 eur Supplement for canopy lounge 40 eur



Swimming pool daily entrance fee

 15 eur

 Fee for children under 10 years

 10 eur



Sauna and steam bath daily entrance fee 10 eur

- Special fees apply on complex Tre Canne real estate owners and Luxury Apartments Tre canne guests.
- Ask your therapist for valid promotions.

• Proper attire required and includes bathing suits or a towel around the waist or chest. Nudity is not permitted anywhere in the facilities. Towels, robes, and disposable flip flops are provided for your stay at the Spa.



Story about The Sky View Wellness & Spa begins on the 15 th floor of the Tre Canne complex, allowing guests the most exciting panoramic view over the bay of Budva.

The Sky View Wellness & Spa celebrates the brilliance of nature, leading technology, and the personalized experience of each individual guest. The Sky View Wellness & Spa services are both unique and decadent creating the perfect symmetry of luxury and wellbeing.

From the moment a guest enters The Sky View Wellness & Spa, he is enveloped in a haven of relaxation and escape of everyday stress and hectic lifestyle. The Sky View Wellness & Spa seeks to create pathways for each guest to inner health and external beauty. Our customized touch and experiential treatments is what makes The Sky View Wellness & Spa the ultimate destination for relaxation and rejuvenation.







Sky View Spa Day

Discover The Sky View wellness area plus half-hour reflexology massage. The relaxation area awaits you after the treatment with a hot cup of aromatic tea. Enjoy unlimited access to indoor swimming pool, sauna, steam room and tepidarium for a relaxing Sky View Spa Day. An entire day just for you. Your Spa experince is not limited to the lenght of a specific treatment. Instead, it is our desire to immerse you in exceptional relaxation and tranquility... **all day long**.



Tre Canne Spa day

Ideal for busy people who need to escape from it all. This package gives you unlimited time in Sky View Wellness & Spa where you can enjoy our indoor swimming pool, sauna, steam room and tepidarium, followed by one of the body treatments as per your choice: Salt Body glow, Algae pack, Vitamin ACB body and after a half- hour reflexology massage.

A light lunch is included with this package, so you can enjoy healty salad and freshly squeezed juice for rebalancing your body.







### Sky View wellness relaxation area

Start your relaxing journey swimming in our indoor infinity pool and enjoy the panoramic view over the bay of Budva.



Have a cup of hot aromatic tea and spend a relaxing hour on heated lounge in our Tepidarium while your body is overwhelmed with the pleasant feeling of constant radiant heat.



Continue by trying one of our Saunas and discover why this Scandinavian ritual relies on the healing powers of dry heat to stimulate circulation and detoxication.Or you could visit our Steam room and feel the healing benefits of hydration of your body, detoxication, increased circulation and tension release.





### Body treatments



### Salt body glow

Feel the full relaxation by the beneficial effects of fine sea salt and pure water, after which your skin will feel silky and soft. A therapist slight movement with selected salt and oil removes the impurities and dry skin, leaving a gentle, smoooth and radiant skin.

### Algae pack

The miraculous power of the sea and toxin release will make your skin smooth and glowing. Algae provide the sking will all the lost ingredients and return the radiant appearance. After the treatment the skin looks fresh. radiant and healthy.

# Salt body glow and Vitamin ACB algae pack body

This treatment is a combination of cleansing and skin regeneration. After we do the body scrub and cleanse the skin of all impurities, the therapist do the algae pack in order to get back all the necessary ingredients to the skin.



Special treatment for a complete *relaxation. After the scrub of dry* flaky skin, skin is nourished by vitamins that give skin healthy and radiant appearance.

Duration 30 min Price 21 eur



Duration 30 min Price 33 eur

Duration 30 min Price 25 eur



Aromatherapy back massage

A gentle back, neck and shoulder massage using aromatherapy oils to enhance the mood and relax the body. Let our experienced therapists help you select a blend of essential oils to suit your specific needs.

Duration 30 min Price 21 eur

Reflexology

Reflexology massage promotes well being, reduces stress and tension, improves circulation, nerves function and eliminates the toxins from the body.

Duration 30 min Price 21 eur

### Head in the clouds

Let your mind unwind ... A shoulder, neck and head massage that will release tension and ease away the stresses of the day.

Duration 30 min Price 21 eur

Face, neck and decollete massage

This massage relaxes muscles around the neck, face and head. It removes stiffness and tension especially in the neck area, which tend to cause migraines. It relaxes your shoulders and improves the mobility of the cervical vertebrae. A neck massage releases throughput and improves the lymphatic drainage pathways to eliminate waste substances from the body. Facial massage stimulates blood circulation in the skin and improves the skin regeneration and slows ageing.



### Hot stone back massage

This is the perfect treatment for anyone who would like an introduction to Stone Therapy, you will experience the warmth and comfort of the healing stones. The careful placing of the stones combined with a flowing back massage will melt back tension away.

#### Duration 30 min Price 25 eur



# Hot stone head and neck massage

A hot stone massage is brilliant for relaxing the muscels and taking the tension and stiffness away from the head and neck areas.

#### Duration 30 min Price 21 eur



# Complete massage

### Hot stone massage

This treatment starts with Hot stones being placed on the front of the body paying attention to the chakra points to energising and re-balancing the body. Your therapist then massages the body using a hot stone and a suitable massage oil specially selected for your needs. Hot and cold stones are used alternately to create a unique and individual treatment to relax, revive, refresh and re-balance the whole body.





Hot poultice

A rebalancing, rhythmic massage using heated poultices, which are applied to the body to relax the muscles, release tension and nourish the skin. Soothing facial pressures provide a meditative introduction whilst the oil and poultices are being heated. Gently warmed oils are drizzled all over the body to enhance this treatment. The steamed compresses are then tapped, pressed and used to complement various massage techniques. Massage and gentle stretching techniques are combined to create a flowing and nurturing journey into well-being and relaxation.

Duration 60 min Price 49 eur

Aromatherapy

Aromatherapy is a truly holistic massage therapy, using essential oils to relax the senses and calm the mind

Price 46 eur



Chocolate massage is a good way to find a balance after a stressful period and to reward yourself. It is a unique, luxurious and affordable gift for a partner or a special friend. The smell of chocolate stimulates the release of the happiness hormone in the brain, which is the first step towards relaxation. It contains vitamins A, B, C and mineral salts, which stimulates the formation of collagen, with lifting effect on skin, leaving it soft and smooth.

Duration 60 min Price 51 eur









## Body energy holistic massage

A mixture of oils and extract with high antioxidant effect enriched with vitamin C, stimulate a sense of well being and balance the muscle tone of your body. This massage reduces physical fatigue and orange oil improves the vital forces of the body and resistance to external stress.



## Mind relaxing holistic massage

In stress conditions that generates mental fatigue and tension, large amounts of catabolites and endogenous free radicals are released that cause muscular tension, irritation to the skin surface and leads to a weakening of the immune and vital forces of the body. Based on the calming, soothing, vaso-protective and modular operation, strengthens the defense forces. Vanilla oil makes the skin more even, smoother, and gives you a pleasant wellness moments.

Duration 60 min Price 49 eur

# Soul regenerating holistic massage

This treatment is for condition of great emotional exhaustion and fatigue that leads to general physical exhaustion. Ideal for restoring optimal hydration and activate skin metabolism. Revitalizing coconut oil, perfect for stimulating the mind and bod, contribute to complete sense of relaxation during a massage giving a skin a real sense of well-being.

Duration 60 min Price 49 eur





### Deep tissue massage

The massage focuses on relieving tension and aching muscles. The fundamental elements of the deep tissue muscle massage are experienced in deep pressure, firm massage using specially blended massage oils. This treatment can be tailor-made to suit the individual needs of a client.





Lymphatic drainage

Manual lymphatic drainageis a type of gentle massage which is intended to encourage the natural drainage of the lymph, which carries waste products away from the tissues back toward the heart. A therapist stimulates the lymph system with extremely light, circular pumping movements. By stimulating the lymphatic system, the therapist helps drain puffy, swollen tissues, supports the body's immune system, helps the body heal from surgery, and aids in the body's natural waste removal or detoxification.

Duration 60 min Price 46 eur

### Anti-cellulite massage

Manual therapy, which removes the layer of fat beneath the skin accumulated in the shape of "orange peel". The method has a pronounced cosmetic effect. It is performed with the use of special manual techniques and essential oils.

Manual massage is the best-known and affordable method of treating cellulite. It ensures blood flow to tissues, promoting the burning of fat, bringing fresh nutrients and ensuring the dispersing of lymphatic accumulations.



Anti - cellulite package <sup>7 days</sup> <sup>Price 194 eur</sup>

# Treatment packages



#### **Auti stress** (body scrub+ aromatic mud+massage)

This treatment is based on a mineral volcanic magma and essential oils of pine. Mud stimulates circulation and thus relaxes muscles. It has a high anti-stress effect.

Duration 90 minutes Price 71 eur

#### **Detox** (body scrub+ algae treatment+ massage)

This therapeutic treatment with algae has detoxifing effect, it mineralize and intensely hydrates the skin. Treatment is based on micronized warm algae that releases and eliminates body toxins and stress.

Duration 90 minutes
Price 71 eur

### Body hydration

This treatment is based on the use of essential and aromatic oils. First a gentle body scrub is done, followed by a refreshing skin treatment. In that way the beneficial energy of essential oils refresh your complexion and give the skin softness and healty glow.

Duration 70 minutes Price 59 eur



### Exclusive Sky View Wellness & Spa membership





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#### SKY VIEW WELLNESS & SPA

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