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YOGHURT \& MUESLI JAR ..... 45plain or berry yoghurt
FRESH FRUIT \& YOGHURT JAR ..... 50
plain or berry yoghurt
BRAN MUFFIN WITH CHEESE, ..... 45JAM \& BUTTER
EGGS ON TOAST ..... 40
2 eggs (tried, boiled, poached or scrambled)on 2 slices of toast (switch the toast for small salad)
ZAMBEZI SUNRISE BREAKFAST ..... 902 eggs (fried, boiled, poached or scrambled)2 rashers of bacon, 2 sausages, tomato,mushroom, 2 hashbrowns, 2 slices of toast
GREEN BASKET BREAKFAST ..... 72
2 eggs (fried, boiled, poached or scrambled)mushroom, tomato, greens ${ }^{(s)} 1$, slice toast
EARLY BIRD BREAKFAST ..... 70
2 eggs (fried, boiled, poached or scrambled)2 rashers of bacon, sausage, and toast
FULL ENGLISH BREAKFAST ..... 100
2 eggs (fried, boiled, poached or scrambled)
2 rashers of bacon, 2 sausages, mushrooms, tomato,baked beans, 2 hash browns, 2 slices of toast
THE MIGHTY TIGER ..... 1302 eggs (fried, boiled, poached or scrambled)2 rashers of bacon, 2 sausages, 100 g steak,portion of mince, chips, 2 slices of toast

## GREEN BASKET


MINCE ON TOAST ..... 70
savoury mince on toast, topped withtwo fried eggs \& onion
FRENCH TOAST STACK ..... 80
2 slices of "french toast" stacked \& drizzled with maplesyrup, crispy bacon, \& cheeseORtopped with banana ${ }^{(s)}$, cinnamon \& honey
OMELETTE80cheese as a base, choose three fillings of your choice(mushrooms, onions, tomatoes, peppers, basil (s) bacon, ham or salami)
EXTRA
add extras at N\$ 8 per item, served with a slice of toast
EGGS BENEDICT922 poached eggs, ham OR bacon (or spinach forveggie benedict) served on an english muffin witha hollandaise sauce
SUNRISE WRAP ..... 78bacon, cheese, mushroom, tomato \& scrambled eggsin a white or brown wrap

CHEESE ..... 35
toasted white, brown or health(served with small side portion of chips or salad)
CHEESE \& TOMATO ..... 44
toasted white, brown or health(served with small side portion of chips or salad)
HAM \& CHEESE ..... 48
toasted white, brown or health(served with small side portion of chips or salad)
HAM, CHEESE \& TOMATO ..... 54
oasted white, brown or health(served with small side portion of chips or salad)
SALAMI, CHEESE \& TOMATO ..... 56
toasted white, brown or health(served with small side portion of chips or salad)
CHICKEN \& MAYO ..... 60
toasted white, brown or health
(served with small side portion of chips or salad)
TUNA \& MAYO ..... 60
toasted white, brown or health(served with small side portion of chips or salad)
BACON, EGG \& CHEESE ..... 68
toasted white, brown or health(served with small side portion of chips or salad)
SPECIALITY SALAMI ..... 80
salami, sweet mustard, mozzarella, gherkin
FRIED EGG BLT75
open sandwich with bacon, lettuce, tomato,topped with fried egg \& onion
SPECIALITY CAPRESE ..... 70
mozzarella, basil \& tomato
ADD ON: EXTRA WITH ANY MEAL
Bacon, Ham, Mushrooms ..... 28
Chips ..... 20
Cheddar ..... 18
Side Salad ..... 30
Boerewors|Pork Banger ..... 30
One Egg ..... 10

180G PURE BEEF PATTY SERVED WITH CHIPS, SALAD \& A CRUNCHY SLAW
beef burger ..... 80
CHICKEN BURGER
CRUNCHY CHICKEN BURGER ..... 85
MUSHROOM BURGER ..... 88
PEPPER BURGER
MONKEY GLAND BURGER
HAWAIIAN BURGER ..... 95
BACON BURGER ..... 95
served with cheese, mushroom, or pepper sauce
DAGWOOD BURGER ..... 108
180 g beef pattie, topped with a slice of cheese, fried egg, friedonion and your choice of cheese, pepper or mushroom sauce
GOURMET BURGER ..... 128
$2 \times 180 \mathrm{~g}$ beef patties, topped with a slice of cheese, fried bacon, fried onion and your choice of cheese, pepper or mushroom sauce
TRIO OF SLIDERS ..... 130
3 mini beef burgers, topped with our 3 delicious sauces
CRUNCHY CHICKEN SLIDERS ..... 140
3 mini buns, topped with our crispy fried chicken tenders, and a delicious sweet chilli mayo sauce
ADD CRISPY ONION RINGS ..... 20
? Served with chips or salad
VEGETARIAN QUESADILLA ${ }^{(s)}$ ..... 85
seasonal vegetables and mozzarella
CHICKEN \& CHEESE ..... 90
(served with homemade warm tomato salsa)
MINCE \& CHEESE ..... 90
(served with homemade warm tomato salsa)
BASIL, TOMATO \& MOZZARELLA ..... 110
(served with homemade warm tomato salsa) ..... 110
(served with homemade warm tomato salsa)

CHICKEN WRAP $\quad-\quad+\quad+\quad$
grilled chicken strips, lettuce, tomato
\& a creamy ranch sauce

CRISPY CHICKEN WRAP
crispy chicken strips, bacon, lettuce, tomato, slaw, feta cheese \& creamy ranch sauce

## THAI BEEF WRAP

thai style beef strips, cabbage, peppers, mushrooms

## HEALTH WRAP

lettuce, cucumber, carrot, tomato, feta, hummus basil or rocket ${ }^{(s)}$ signature dressing

CHICKEN ENCHILADA
grilled chicken strips, fried cabbage, carrot, onion \& peppers, topped with tomato puree \& melted cheese

BEEF ENCHILADA 120
tender beef strips, fried cabbage, carrot, onion \& peppers, topped with tomato puree \& melted cheese

VEGETARIAN ENCHILADA ${ }^{(s)} 90$
seasonal vegetables, topped with tomato paste and cheese

TUNA MAYO WRAP
lettuce, tomato, cucumber, tuna, mayo, red onion, chopped gherkins, topped with feta and carrot

MOROCCAN WRAP ${ }^{(s)}$ (v)
red kidney beans, couscous, humus, red onions, cabbage \& feta with warm dressing


SPAGHETTI BOLOGNAISE
spaghetti topped with our delicious bolognaise mince ALFREDO $\longrightarrow \quad 85$
bacon or chicken
NAPOLITANA
penne pasta topped with a tomato based sauceSPAGHETTI \& MEATBALLS90served with our home-made tomato sauce
LINGUINI ..... 75butter, garlic \& parmesanGREEN (s)95zucchini, green pepper, mushroom, cream
ZAMBEZI BREAM FILLET ..... 120pan fried in butter or beer battered sustainablysourced Zambezi Bream served with pap orchips or salad, caramelized garlic aioli \& a smallcoleslaw
WHOLE PAN-FRIED ZAMBEZI BREAM ..... 130
served with chips, rice, pap or salad
STEAK \& CHIPS 300g ..... 148served with chips or salad and your choiceof sauce
ADD CRISPY ONION RINGS ..... 20
ADD EGG ..... 10

## PAP \& BEEF STEW

served with vegetables
Medium portion ..... 80
Large portion ..... 100
"PAP \& WORS" ..... 90
OUR FAMOUS SCHNITZELS ..... 100chicken or beef schnitzel with a choice ofmushroom, cheese or pepper sauce, servedwith rice or chips or salad
CHICKEN BREAST ..... 90served with pap or salad or chips \& tomato relish

CHICKEN STRIPS \& CHIPS

| CAKE OF THE DAY |
| :--- |
| Please ask your waiter for our cakes of the day! |
| CHOC NUT SUNDAE |
| ICE CREAM \& CHOCOLATE SAUCE |

BUTTERED SPAGHETTI

Nuts and other allergens are used in our kitchen. Please inform us if you have any food allergies. Certain menu items are subject to availability. Please check with your waitron.

Quantities under Add ON may differ from those in complete meals.
See our cafe blackboard for daily specials and kitchen closing times.
Prices include VAT.

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